

**WE'D LIKE TO GET TO KNOW YOU BETTER!**

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_ City/St. \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_

Single: \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_ Separated \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_

Who shall we call in case of emergency? \_\_\_\_\_

    Their phone number: \_\_\_\_\_

Who referred you to our office? \_\_\_\_\_

Have you undergone chiropractic care before? \_\_\_\_\_

When \_\_\_\_\_ Where \_\_\_\_\_

**PRIVACY NOTICE ACKNOWLEDGEMENT:**

We are very concerned with protecting your privacy, especially in matters that concern your personal health information. In accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) we are required to supply you with a copy of our privacy policies and procedures. We encourage you to read this document carefully for it outlines the use and limitations of the disclosure of your health information and your rights as a patient. If you ever have any questions or concerns regarding the use or dissemination of your personal health information, we would be happy to address them.

**I waive my right to privacy regarding the daily sign-in sheet for purposes of proof of attendance.**

I acknowledge that I have been offered a copy of NEEDHAM CHIROPRACTIC ASSOCIATES' "Notice of Privacy Practices for Protected Health Information".

\_\_\_\_\_

Patient Signature

Date

\_\_\_\_\_

Personal Representative Signature

Authorized Provider Rep. Signature

**HEALTH HISTORY**

**Please Print Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

1. My health goals are:

- \_\_\_ correction/stabilization
- \_\_\_ health maintenance
- \_\_\_ pain relief

2. Please check area(s) of complaint:

- |                              |                               |
|------------------------------|-------------------------------|
| ___ low back pain            | ___ neck pain                 |
| ___ hip/buttock pain. __R__L | ___ shoulder pain. __R__L     |
| ___ leg pain. __R__L         | ___ arm ___ hand pain. __R__L |
| ___ foot pain __R__L         | ___ mid-back pain.            |
| ___ other _____              | ___ headache.                 |

(Specify)

3. When did the pain begin? Approximate date: \_\_\_\_\_

- \_\_\_ gradually, without incident.
- \_\_\_ with specific incident.

4. Explain the accident/injury or how you think it occurred: \_\_\_\_\_

\_\_\_\_\_

5. What makes the symptoms worse?

- |                            |                             |
|----------------------------|-----------------------------|
| ___ sitting                | ___ looking down            |
| ___ getting out of a chair | ___ sneezing                |
| ___ getting out of bed     | ___ coughing                |
| ___ turning in bed         | ___ having a bowel movement |
| ___ backing up the car     | ___ other- please specify:  |

\_\_\_\_\_

6. How does the pain feel?

- |               |                  |                             |
|---------------|------------------|-----------------------------|
| ___ sharp     | ___ burning      | ___ other – please specify: |
| ___ dull      | ___ numbness     | _____                       |
| ___ throbbing | ___ tingling     | _____                       |
| ___ cramping  | ___ weak or lame |                             |

7. Does the pain or symptom travel from one site to another?

- \_\_\_ No     \_\_\_ Yes     Explain: \_\_\_\_\_

\_\_\_\_\_

8. How much does it hurt? **0 1 2 3 4 5 6 7 8 9 10** (0=no pain 10=severe and incapacitating pain)

9. Does your pain change with activity? \_\_\_No\_\_\_Yes

Explain: \_\_\_\_\_  
\_\_\_\_\_

**PLEASE CHECK THE FOLLOWING:**

1. Have you ever had cancer? \_\_\_Yes \_\_\_No
2. Does your pain ever awaken you from a sound sleep? \_\_\_Yes \_\_\_No
3. Are you losing weight now, without trying? \_\_\_Yes \_\_\_No
4. Are you coughing up blood or noticing it in your stools or urine? \_\_\_Yes \_\_\_No
5. Have you had any loss of bladder or bowel control? \_\_\_Yes \_\_\_No
6. Have you lost consciousness or had double vision recently? \_\_\_Yes \_\_\_No
7. Do you have a pace maker? \_\_\_Yes \_\_\_No
8. Are you seeing any other doctor now for any reason? \_\_\_Yes \_\_\_No  
Specify: \_\_\_\_\_
9. Do you have any other symptoms or health problems? \_\_\_Yes \_\_\_No  
Specify: \_\_\_\_\_
10. Are you taking any medications or over the counter drugs now, (i.e. anti-coagulants)?  
\_\_\_Yes \_\_\_No List them: \_\_\_\_\_
11. Do you have any food or drug allergies (i.e. shellfish)? \_\_\_Yes \_\_\_No  
List them: \_\_\_\_\_

**PAST TREATMENT HISTORY:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FINANCIAL AND APPOINTMENT POLICIES**

**PAYMENT IS DUE AS SERVICES ARE RENDERED**

We gladly accept Cash, Checks, and all Major Credit Cards.

**INSURANCE:** Health care policies of insurance companies with whom this office participates will try to be verified. Verification is not a guarantee of coverage or payment. Any insurance questions should be directed to your insurance carrier. We will accept assignment as specified for insurance plans we participate with. **Patients are responsible for all deductible amounts, co-payments and non-covered services. It is the patient's responsibility to keep track of how many visits are allowed and used on their insurance.** For all other insurance companies patients are required to pay at the time of service.

**MISSED APPOINTMENTS:** Please try to notify our office as soon as possible of an appointment change so that we can accommodate your needs as well as the needs of other patients. Patients may be charged a missed appointment fee of \$45.00 without 24 hour notice prior to a scheduled visit. This charge is a patient's responsibility and cannot be billed to insurance.

I understand and agree that all fees for professional services rendered on my behalf are my personal responsibility, due and payable at the time services are rendered. If you have a flex spending or employer contribution account, we will provide you with receipt for reimbursement. Payment is due at the time of service.

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Date**

**ASSIGNMENT OF BENEFITS:**

I hereby authorize and direct Needham Chiropractic Associates, P.C. to release medical information necessary to process my insurance claims. I also authorize and direct my insurance carrier to pay all benefits, which may be due to me according to my policy, to Needham Chiropractic Associates, P.C.

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Date**

## PATIENT INFORMED CONSENT

**PATIENT NAME:** \_\_\_\_\_

Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

### **The nature of the chiropractic adjustment**

The primary treatment used by doctors of chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

### **Analysis/Examination/Treatment**

As a part of the analysis, examination, and treatment, you are consenting to the following procedures: spinal manipulative therapy, palpation, vital signs, range of motion testing, orthopedic testing, basic neurological testing, muscle strength testing, postural analysis testing, ultrasound, hot/cold therapy, EMS, Other \_\_\_\_\_

### **The risks inherent in chiropractic adjustment**

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to the Doctor's attention it is your responsibility to inform the Doctor.

### **The probability of those risk occurring**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and X-ray. Stroke and /or arterial dissection caused by chiropractic manipulation of the neck has been the subject of ongoing medical research and debate. The most current research on the topic is inconclusive as to a specific incident of this complication occurring. If there is a causal relationship at all it is extremely rare and remote. Unfortunately, there is no recognized screening procedure to identify patients with neck pain who are at risk of arterial stroke.

### **The availability and nature of other treatment options**

Other treatment options for your condition may include: self administered, over-the-counter analgesics and rest. Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers. Hospitalization. Surgery.

If you chose to use one of the above noted "other treatment" options you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers attendant to remaining untreated**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**For Minor (patients under 18 years of age)**

I hereby request and authorize Needham Chiropractic Associates, Drs. Nathaniel Tiplady, Claudia Macias, and Michael York to perform diagnostic tests and render chiropractic adjustments and other treatment to my minor son/daughter:\_\_\_\_\_.

This authorization also extends to all other doctors and office staff members and is intended to include radiographic examination at the doctor's discretion.

As of this date, I have the legal right to select and authorize health care services for the minor child named above. (If applicable) Under the terms and conditions of my divorce, separation or other legal authorization, the consent of a spouse/former spouse or other parent is not required. If my authority to so select and authorize this care should be revoked or modified in any way, I will immediately notify this office.

**All New Patients sign below:**

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.**

**I have read, or have had read to me, the above explanation of the chiropractic adjustment and related treatment. I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.**

\_\_\_\_\_  
**Patient's Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Signature of Parent or Guardian (if a minor)**

**Date:**\_\_\_\_\_

**Date:**\_\_\_\_\_